
One Jump Ahead

 Agility Dog Club of SA

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March 2021

From The Editor

Our first issue back and the club has already started training with our training start for the year moved back to the start of February in line with most other dog training clubs in SA.

Our Mock Trial in late February was held in fantastic weather and a great evening to get back into the competition mode and plenty of novice handlers and dogs making their first run under competition conditions.

Our public facebook page now has over 500 likes and even more followers as so far . At our monthly intakes plenty of new handlers and dogs plus puppies are starting to try out the sport as well. As covid restrictions ease hopefully we can start promoting our competitions to the wider community and start holding demos at public events as they return in the future again.

Our planned move to a far more public venue at Golflands Reserve should help raise our clubs profile and attract more new members.

Don't forget to share our facebook page link on any dog related pages you are on to get the word out

<https://www.facebook.com/Agility-Dog-Club-of-SA-311217319720180/>

We are also looking for more sponsors whether that be for raffle prizes or competition prizes or indeed as a cash sponsorship level—if you know of any businesses that would be interested in getting involved please contact myself or club Secretary Jenny Pearson.

ADCSA is still looking to perform demos at community events and we will continue to try and increase media coverage during the year Other high speed dog sports focus on the dogs running at speed (eg Flyball, Lure Coursing even retrieving for gun dogs) but our sport involves owners and handlers also having to have a fair degree of fitness to keep up with their dogs working around the course as a team.

Jenny Barnes

Editor

2021 Committee

President	Pin Needham	0437 420 099	djneedham@internode.on.net	
Vice President	Michelle Vuaran	0417 877 080	michelle.k9dynamics@gmail.com	Historian
Head Instructor	Ingrid Hanegreefs	0429 674 866	ihanegreefs@bigpond.com	Public Officer
Treasurer	Leslie McDonald	0418 816 811	elemental@internode.on.net	Catering/ Membership
Secretary	Jenny Pearson	0417 88 3094	jennyp@internode.on.net	Member Protection Officer
Committee	Cathy Warcup	0407 617 804	KateWA440@gmail.com	Equipment/Trial Manager
	Jenny Barnes	0412 208 011	barnesphotography@bigpond.com	Promotion/ Media/ Magazine Editor
	Lisa Smith	0400 051 880	lisaaway2004@yahoo.com	
	Judy Magarey		Judy.magarey@bigpond.com	

Instructors

Membership Fees

Joining Fee	\$15
Single membership	\$65
Family	\$95
Junior (under 17)	\$35
Social	\$35
Committee & Instructors	\$35

Memberships are half price for new members from 1st July

Club Account Bank Details

BSB : 805-050
 A/c No : 61297807
 Name : Agility Dog Club of SA Inc
 Ref : Your Name

Head Instructor

Ingrid Hanegreefs

Assistant Head instructor

Michelle Vuaran

Instructors

Mika Peace
 Karen Moralee
 Julie Brown
 Cathy Warcup
 Judy Magarey
 Pin Needham (Puppy Instructor)
 Jenny Pearson (Assitant Instructor)

Weather

If the temperature is more than 34 degrees at 4.30pm training will be cancelled

If there is heavy rain during the day or forecast keep a check on the facebook pages where any cancellations will be announced before 5pm

TRIPAWDS TUGS.

We'll try to make any tug (within reason) for you.

See Cathy Warcup.



President's Message March 21

We resumed training early this year on February 4th. We had a great turnout especially for the Introduction and Puppy Class and then the rain started. We were fortunate that we had the clubroom verandah to protect us and allow the classes to continue. The hardy souls in the higher classes received a drenching as they braved the wet conditions. Our second week was much better.

On Saturday 20th February we ran a Mock Trial that was remarkably successful, raising over \$900. We greatly appreciate our volunteer judges and stewards and our members assistance getting out equipment and helping to pack up afterwards.

The first Agility and Jumping Trial for 2021 was held Saturday 6th March with an entry of 179 plus 2 Junior entries. There were quite a few qualifications in both Jumping and Agility with the last Agility run finishing just before 10:30 pm. When we were getting out the equipment, Cathy Warcup, the Trial Manager noticed that the Dog Walk needed repair. So, our second Dog walk was pressed into service. The defective Dog Walk was repaired on the same day.

The raffle received many donations and raised \$141.00 for the equipment fund.

Our next Trial is scheduled for May 22nd.

The Club has been notified by the West Torrens Council that our application for a community grant has been approved. This Community grant is for the purchase of equipment. We are now awaiting the result of our Development application with the West Torrens Council for the construction of our storage shed.

In the meantime, your Committee continues to work towards the relocation.

Keep up your training and foundation work with your dog or puppy, getting things right, one exercise at a time.

Best Wishes to all members

Pin Needham

President, ADCSA

Your Committee

Your Committee at Work

Your ADCSA Committee has had a busy start to the year, working through the summer break to achieve a number of tasks, including:

- submitting a planning and development application for the construction of a storage shed on our proposed new training grounds at Golflands Reserve;
- liaising with concreters and installer for the construction task;
- welcoming our returning members and newcomers for the start of our 2021 training year;
- organising a very successful Mock Trial held on 20 February 2021;
- establishing a Trial Secretary team to share the workload and extend expertise in the tasks associated with this role; and
- conducting our first competitive trial event for the year on 6 March 2021.

Our fundraising team successfully applied for a City of West Torrens Community Grant which will fund the purchase of a new, lighter-weight A-frame and lighting and storage equipment needed for our new shed at Golflands Reserve. We plan to purchase more new agility equipment later in the year and gradually replace our ageing and heavy contact equipment.

Issues for discussion at upcoming Committee meetings include: ongoing planning for relocation to Golflands; review of our vaccination policy; safety audits for our agility equipment; and various governance issues.

Let us know what you think and if you have any matters you would like your Committee to consider. We are here to represent members in the effective management of our club.

Jenny Pearson
Secretary, ADCSA

MEMBERS TRIAL SUCCESS

Congratulations go to the following club members for their qualifications as listed below:

ADCSA March Trial

R Jackson & Hillani Regal Reko—Masters Agility 400

J Barnes & Molly—Novice Agility 600

C Warcup & Ulara Tomas—Novice Jumping 600

K Moralee & Wattavue Amelia Joy—Excellent Jumping 400

M Peace & Flatout Breakout—Masters Jumping 500



K Moralee & Wattavue Amelia Joy (Barnes Photography)



J Barnes & Molly (photo credit Shadows Farm Photography)

What obedience skills can help in agility?

Number one is recall. Basic agility training onwards is off lead so dogs need to have good recall. Recall isn't just letting your dog off lead in an open area and hoping they come back most of the time in fact its about setting your dog up for the win every time. Obedience clubs may teach recall as follows—start with dog sitting alongside you. Pivot in front of the dog then take three steps backwards while encouraging the dog to come and then get them to sit as you stop. Once they have mastered that exercise move to making them sit (then use the command wait) and take one or two steps then pivot in front of the dog. Call COME and again have the dog sit in front of you then reward. Over time you should be able to go further before turning and always wait different times before calling the dog so they actually wait until you give the command before they move.

If the dog starts to break just go back to the previous distance that was working and continue from there. Later in an enclosed area that you know the dog will follow you you can use the odd come command (even start running away from the dog—this will make most come charging after you) and then praise and release so its not always formal training but still reinforces the command. Other commands that will be used in agility are sit, wait (especially later when you will need to have a lead out) and even look can get your dogs attention.

My dog completed a private obedience training course is it worth continuing obedience at a local club?

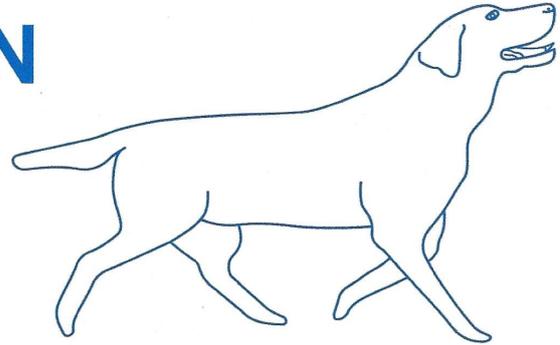
YES is the simple answer. While your dog will learn commands like sit, drop, stand, etc while going through the basic obedience whether it be a short private course or attending club classes however plenty of those training and competing in agility still attend obedience training club classes . It can make a huge difference especially at the Novice and even Excellent levels—agility is fun for them and they do get excited but in the background reinforcement of listening while doing obedience exercises helps with overall offlead control. Local clubs can be found at this link <http://www.dogobediencesa.com/clubs.html>

In addition a lot of agility competitors also compete in other dog sports such as Rally and Obedience competitions as a n alternative when there is a break in agility comps and also for when dogs get older or their owners have to take a break from running. Obedience clubs will train in these sports up to competition level.

Should I use food or toys in training given they aren't allowed at competition level?

Yes—toys and treats motivate dogs as they learn how to negotiate an agility course and to reinforce praise. You can use both in all training and even at mock trials when you prepare for actual competitions. At the competitions you cannot leave either within 5 metres of the ring & not on you during a run but you can certainly use them before you go in for your round and your dog will certainly know where to take you to find food/toys after you come out of the ring to get their reward

ADELAIDE DOG MOBILITY & REHABILITATION



Sports Injuries can easily occur in Agility training or competition. The early diagnosis, detection and treatment of these injuries is paramount to getting return to function for our canine athletes. This process is a team effort between the vet and the owner with assistance from remedial massage.



Acupuncture & Laser Therapy treat pain and trigger points in muscles and also accelerate healing of injured tissues. Combined with home exercise programs, physical rehabilitation therapy provides the fastest way to recovery.



Other conditions commonly treated include:

- Back pain, spinal injury, spondylosis
- Cruciate Ligament disease,
- Patella luxation
- Hip or Elbow Dysplasia,
- Muscle tears & strains,
- Arthritis & Senior Health Programs
- Post Orthopaedic surgery, Fracture repair
- Body conditioning & General Fitness

For Adult Dogs, Cats & Older pets:

- Health Checks
- Vaccinations
- Heartworm & parasite prevention
- Arthritis treatment & rehabilitation exercises
- Pain Management & Relief



We also do:

- Puppy & Kitten Health Exams,
- Vaccinations, heartworm prevention,
- Routine worm treatment & Diets
- Advice about socialisation and early training
- Myth busting regarding desexing and neutering
- Microchipping

Other Services available including:

- X Rays, Surgery and Dentistry
- Laboratory and Blood testing
- **Home visits can be arranged**
- For an appointment call



Birds, Reptiles and other pocket pets are welcome for routine consultations, vaccinations and problem workups as required.

0437 420 099

Dr D J "Pin" Needham BVSc, DDA, CCRT, CSM

Veterinarian & Rehabilitation Therapist

djneedham@internode.on.net

Reminder Food Rewards

When using food rewards in training please try to avoid feeding crumbly food like a handful of chicken as a reward. Small pieces of dropped food as has been happening regularly disrupts other club members training as their dogs can be distracted.

Not only is the distraction rewarded but a running dog stopping dead or turning abruptly can be at risk of injury let alone the self reward of finding the distraction & consuming. Dropped food & the scent can linger for days and can also affect competitors at trials. While it's a shared training ground we should ensure to try and minimise issues where possible

High value treats that can be fed one piece at a time include various dry foods such as Ziwi Peak or Dibs Premium Dog Bits while fritz such as Prime 100 rolls or other similar dog rolls or sausage available at the supermarket can be cut into cube sized pieces which if dropped can be easily seen and picked up.

Or you can make your own training treats in suitable sizes to be used one at a time.

Jenny's Really Yummy Dog Treats

These are really tasty, easy to make and dogs love them!



INGREDIENTS

- Mince (chicken, turkey, or lamb)
- Dried parmesan cheese
- Cooking oil spray

1. Line tray(s) with alfoil and spray with cooking oil
2. Place mince on tray
3. Spray back of spoon with cooking oil
4. Spread the mince out on the tray using the back of the spoon
5. Sprinkle with the parmesan cheese
6. Bake in oven at 180 C with fan on for 20 minutes
7. Flip the mince slab over and bake for another 10 minutes
8. Remove from oven and cut into squares while still warm/hot (it's easier before it cools)
9. Store in tubs or zip-loc bags in fridge or freezer



ADCSA March Trial

Agility Dog Club of SA hosted its first competition for the year over the weekend hosting the March Evening Jumping and Agility Trials which attracted nearly 180 entries including nearly 50 Novice entries. Starting at 6pm the last dogs in the ring in both Jumping and Agility were noted as going through just after 10.10pm and with plenty of volunteers helping pack up equipment was put away and presentations completed well before 11pm.

In the Novice classes Julie Jones & her Shetland Sheepdog Jaemist As You Wish went clear to gain passes in both the 400 Novice Jumping and 400 Novice Agility. Jess Hyson & Lottie won the 500 Novice Agility while the 600 Novice Agility went to Jenny Barnes & Molly (Labrador). While in the Novice Jumping classes Cathy Warcup & Ullara Tomas (Border Collie) took out the 600 Novice Jumping, Patricia Morano Boss & Menta the 500 Novice Jumping.

Other competitors who had stand out results were Michelle Chapman & Redshift Hot Asha (Doberman) who won the Open Jumping and 600 Masters Agility, Sophie Wright and Maggie won both the 400 Masters Agility and 400 Masters Jumping and Andrew Butler and Kee (Kelpie) who won the 500 Masters Agility and Open Agility.



Kennel Cough Awareness

Be aware there are reports of positive kennel cough cases in dogs that have been at the local parks and dog parks in areas of Adelaide. These include in the Unley area, the Playford council area and the popular Oaklands dog park at Hazelmere Reserve.

Vaccination should help protect your dogs in most cases but like the flu shot in people its best the take precautions to try and avoid possible exposure.

- Don't let your dog drink from communal dog bowls.

Most parks have communal dog watering bowls as part of the tap and bowl. Teach your dog to prefer to drink the running water directly from the tap.

- Don't share toys, balls, etc with other dogs

Often at the park or beach dogs will often chase balls or toys throw for other dogs and normally its just part of the game but be aware that infections can be passed on in a similar fashion to sharing bowls

- Minimise exposure to other dogs during disease outbreaks

Normally when you are at training your dog will be around dogs that have been vaccinated and/or titre tested but at parks there is no guarantee other dogs have had their core vaccinations (C3) let alone annual kennel cough vaccinations.

A lot of people avoid dog parks for various reasons (uncontrolled dogs being the main cause of issues) but if you go to any type of reserve try and make sure your dog has good recall off lead and keep moving with your dog so they stick to you and don't wander off into random 'packs'. They can get plenty of exercise sniffing and running back and forth to you as you move through the park. Your dog doesn't have to interact with others aside from in passing to have fun WITH YOU at the local park, reserve, dog park.

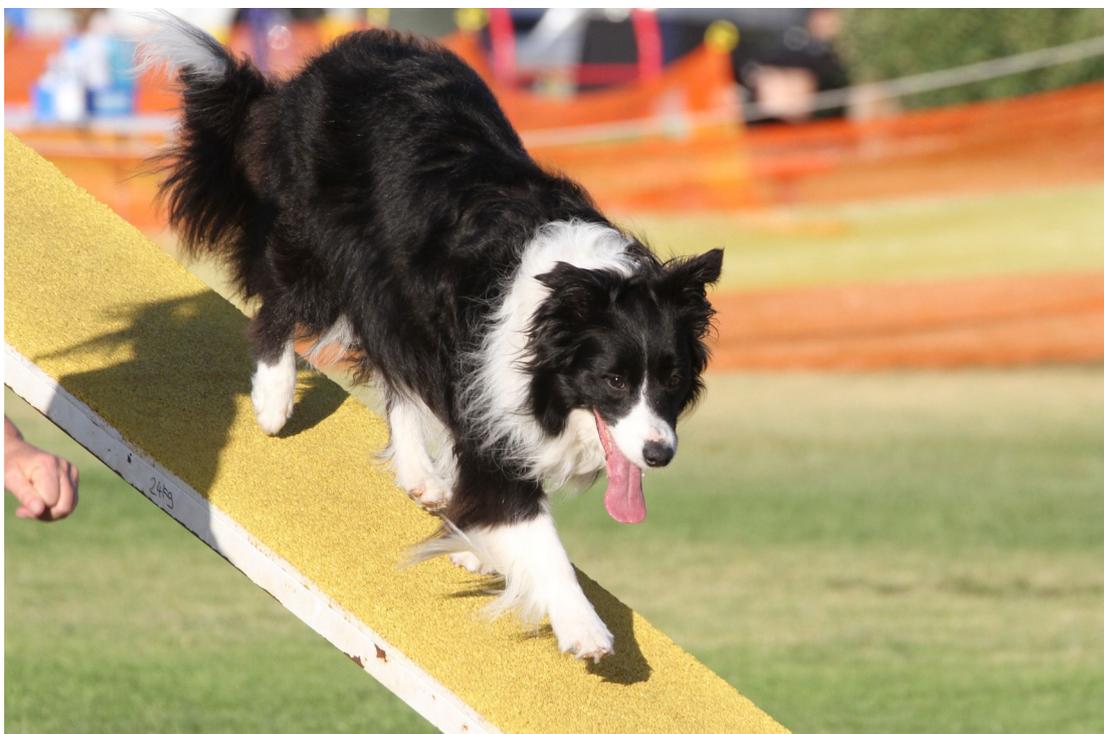
Advertise your business in the club newsletter

Pricing:

Full Page—\$30

Half Page—\$15

Quarter Page—\$7.50





SUBLIMATED POLO SHIRT
FH-SUB-POLO



CAP
NAVY/RED/GOLD
HW-4167-EMB



BEANIE
NAVY
HW-4243-EMB



JACKET SOFTSHELL MENS
NAVY
RA-J481HZ-EMB



JACKET SOFTSHELL MENS
NAVY
RA-J481LD-EMB

NEW CLUB APPAREL RANGE—How to order

1-Choose the item from the catalogue page

2- Beanies & caps are 'one size fits all'

3-For Soft Shell jackets—measure your '1/2 chest size' (measure carefully no refunds or returns).
These items should be ready and delivered in 3 weeks

4-The Polo shirts and Rugby tops need to have an order minimum of 10 items each to start. Polo tops and Rugby tops will take a minimum of 4 weeks. As above measure your '1/2 chest size' (no refunds or returns)

5-Go to the link <https://agilitydogclubsa.orders.net.au/>

6-Place your order & pay by credit card

7-Your items will be delivered to the Club for you to collect at a training session.

8-Please advise your order details to Pin Needham djneedham@internode.on.net or text to 0437420099



Remedial massage is proven to enhance performance in active sporting dogs to achieve maximum range of motion and better body balance.

Treatments are aimed at releasing tight, sore muscles, helping to rehabilitate injuries by breaking down scar tissue caused by daily and competition-based activities that may be responsible for any discomfort. Regular remedial massage treatment, will assist in maintaining your dogs performance and endurance and promote good health and overall wellbeing.

Book your dog in for a remedial massage, the benefits are definitely worth it!

Benefits of Canine Remedial Massage

- ◆ *Relieves Pain and Tension*
- ◆ *Releases trigger points and areas of spasm- providing relief from muscular issues.*
- ◆ *Treats muscular overcompensation in the case of injuries*
- ◆ *Improves blood flow and circulation, nourishing the cells and removing waste products*
- ◆ *Speeds up natural healing*
- ◆ *Improves flexibility and Range Of Motion*
- ◆ *Beneficial for Senior Dogs – improves mobility and reduces pain, swelling and stiffness*

Assessment and Treatment Prices

Assessments conducted at 305 Fullarton Rd Parkside

- Initial assessment includes gait and body assessment + Remedial Massage approx. 1 h—\$50
- Remedial Massage 30-35 min—\$35

Assessments conducted at clients house

- Initial assessment includes gait and body assessment + Remedial Massage approx. 1 h—\$60
- Remedial Massage 30-35 min—\$45

Fun conditioning, fitness and relationship building classes

Max 5 people/dogs per class—\$20 per class

Time and date to be negotiated with interested participants.

Classes held at 305 Fullarton Rd Parkside

Contact

Michelle Vuaran

Canine Remedial Massage Therapist BAppSc, Cert in Veterinary IV Nursing, Cert in Canine Remedial Massage

Email: michelle.k9dynamics@gmail.com

Mb: 0417 877080

Website: <https://k9dynamics.wixsite.com/dogs>

Visit K9 Dynamics facebook page



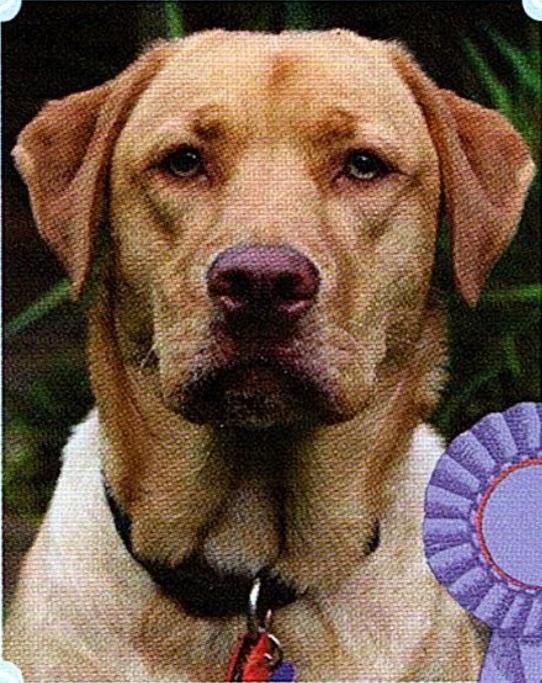
ADCSA Mock Trial Feb 21

ADCSA held a successful Mock Trial in late February which marked the return for many to a competition like environment for the first time since mid November last year after the club lost the November trial to the Covid shutdown.

Many new Novice dogs and handlers attended the day setting up a good future this year for new dogs and handlers coming through the ranks and hopefully continuing on in agility long term.

Mock trials are an opportunity to test if a dog is ready to compete , to give dogs and handlers experience prior to competing in an official trial and also to help others who may want to try their dog at a higher grade (or indeed a lower grade if a dog has had a longer break from competition).





Jenny Barnes Photography
Dog Sport Photography

Jenny Barnes
Photographer
barnesphotography@bigpond.com
0412 208 011
[https://www.facebook.com/
barnesdogphotos/](https://www.facebook.com/barnesdogphotos/)

Official Photographer at Agility Dog Club of SA Trials
www.barnesphotography.net.au

Western Pet Services

www.westernpetservices.com.au

Pet Sitting, Dog walking and Dog Grooming Services in Adelaide's Western Suburbs.

Western Pet Services is a new business offering pet sitting (home visits), dog walking and dog grooming service (including basic clipping) in addition to services offering brief visits to check on puppies and older dogs if required.

Western Pet Services is run by Jenny Barnes who has completed a National Police check and the business is registered and insured. Jenny has also undertaken training in basic pet grooming and is currently completing a Certificate II in Animal Studies.

Keep an eye on our facebook page for any upcoming offers and news.

<https://www.facebook.com/westernpetservicesadelaide/>

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and help support Agility Dog Club SA by using their link

WAGGLY CLUB

Waggly Club is an Australian business specialising in monthly deliveries designed to keep your fur baby happy and healthy. We send out monthly subscription boxes featuring premium and healthy, and always Australian-made, treats from our Waggly Snacks brand, as well as enriching and high-quality toys from trusted suppliers such as KONG and Aussie Dog. Toys are hand-picked based on your dog's needs, and the treats can be tailored to accommodate any dietary requirements.

We started Waggly Club because we believed dogs aren't "just dogs" - they're family members. So as well as a great product, we're completely committed to making your furry family member happy and healthy.

To learn more visit <https://wagglyclub.com.au/agilitydogclubsa>. Using this link you can also receive 50% of your first box and you'll be supporting Agility Dog Club SA via donations we make to them. Or if you have any questions, please feel free to email info@waggly.com.au - we'd love to hear from you.



2021 Training Schedule – Subject to change	
6:30 - 7:00pm	Set up Equipment
7:00 - 8:00pm	Introductory, Beginners, Intermediate,
8:00 - 8:15pm	ANNOUNCEMENTS
8:15 - 9:15pm	Trialling 200/300/400/500/600
9:15 - 9:45pm	Pack up

Trial Competition Diary

As per DOGS SA Journal listing (subject to change)

20 March 2021—Noarlunga City Obedience Dog Club Agility & Jumping Trials 9am & nb 1pm

5 April 2021—Mock Trial Munno Para details TBC

24 April 2021—Munno Para Dog Obedience Club Agility & Jumping Trials 9am and 1pm

1 May 2021— Para Districts Obedience Dog Club Agility & Jumping Trials 9am and 1pm

8 May 2021—Southern Districts Kennel & Obedience Club Agility & Jumping Trials 9 am and 1pm

22 May 2021 –ADCSA Agility & Jumping Trials 9am and nb 1pm

Laucke Mills