
One Jump Ahead

 Agility Dog Club of SA

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President

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* Trial results of club
members



December 2020

From The Editor

Our final edition for the year and unfortunately once again Covid resulted in our last trial for the year being cancelled just as our March trial was merely days prior due to government restrictions. Our mock trial in February and our March trial are due to be the first events to resume after summer hopefully restrictions and the risk have eased by then.

It was decided at the AGM to plan for our move to Golflands reserve and over summer the administration for that is planned to continue and we have our club working bee planned for January 17th. If you have a few hours spare in the morning please come along to help your club prepare for the new year.

Our social media pages continue to evolve with our closed club page for members only but our public facebook page now has around 430 page likes and a few more 'followers'. Its fantastic to see the growth and hopefully into the new year we can again publicize our upcoming events. Our public facebook page is below please share amongst your own pages so we can get the word out to the wider community about our sport.

<https://www.facebook.com/Agility-Dog-Club-of-SA-311217319720180/>

Despite the issues with covid our club has some fantastic sponsors this year with Laucke Mills also supplying food being used as prizes at our end of year breakup.

As always we will continue to try and get Agility recognized as not just a 'dog training thing' but a sport with the general community. We all know how our own fitness has improved from the start of training to the time its possible to get around a full sequence or course.

ADCSA is still looking to perform demos at community events and we will continue to try and increase media coverage hopefully next year. Other high speed dog sports focus on the dogs running at speed (eg Flyball, Lure Coursing even retrieving for gun dogs) but our sport involves owners and handlers also having to have a fair degree of fitness to keep up with their dogs working around the course as a team.

Jenny Barnes

Editor

2021 Committee

| | | | | |
|------------------------|-------------------|--------------|--|---|
| President | Pin Needham | 0437 420 099 | djneedham@internode.on.net | |
| Vice President | Michelle Vuaran | 0417 877 080 | michelle.k9dynamics@gmail.com | Historian |
| Head Instructor | Ingrid Hanegreefs | 0429 674 866 | ihanegreefs@bigpond.com | Public Officer |
| Treasurer | Leslie McDonald | 0418 816 811 | elemental@internode.on.net | Catering/ Trial Secretary |
| Secretary | Jenny Pearson | 0417 88 3094 | jennyp@internode.on.net | Member Protection Officer |
| Committee | Cathy Warcup | 0407 617 804 | KateWA440@gmail.com | Equipment/Trial Manager |
| | Jenny Barnes | 0412 208 011 | barnesphotography@bigpond.com | Promotion/ Media/ Magazine Editor |
| | Lisa Smith | 0400 051 880 | lisaaway2004@yahoo.com | |
| | Judy Magarey | | Judy.magarey@bigpond.com | |

Instructors

Membership Fees

| | |
|-------------------------|------|
| Joining Fee | \$15 |
| Single membership | \$65 |
| Family | \$95 |
| Junior (under 17) | \$35 |
| Social | \$35 |
| Committee & Instructors | \$35 |

Memberships are half price for new members from 1st July

Club Account Bank Details

BSB : 805-050
 A/c No : 61297807
 Name : Agility Dog Club of SA Inc
 Ref : Your Name

Head Instructor

Ingrid Hanegreefs

Assistant Head instructor

Michelle Vuaran

Instructors

Mika Peace
 Karen Moralee
 Julie Brown
 Cathy Warcup
 Judy Magarey

Weather

If the temperature is more than 36 degrees at 4.30pm training will be cancelled

If there is heavy rain during the day or forecast keep a check on the facebook pages where any cancellations will be announced before 5pm

TRIPAWDS TUGS.

We'll try to make any tug (within reason) for you.

See Cathy Warcup.



President's Message December 20

We are finally heading to the end of an incredibly challenging year. Thank you to all Club members for your support. It has been great to see so many people turning out on training nights and helping with our Trials.

Special thanks must go to **Jo Shirlock** who is retiring as Trial Secretary after 13 years in the position. Jo joined ADCSA in 2004 with her Irish Setter "**Jarrah**". In 2007 she was a Committee member, taking on the Trial Secretary job in 2008. Jo was also Club Treasurer for the 2012 year and has recently had a stint on the Agility Advisory Committee. Jo was awarded Life membership of ADCSA in 2013.

While all this was happening, Jo managed to train her NSDTR's as well:

"Luna" AD JDM SD SPDX GD and **"Karri"** ADM6 JDM6 GD SDX SPDX

Thank you, Jo for your extraordinary contribution to our Club, you are leaving big shoes for your successors to fill. Have a Safe and Happy Christmas and don't let the new job get you down.

Thank you also to our Club Committee members Jenny Pearson, Leslie McDonald, Ingrid Hanegreefs, Cathy Warcup, Jenny Barnes for being so flexible with the Club's management during trying times.

Ingrid Hanegreefs, our Head Instructor has been ably assisted by Michelle Vuaran, Cathy Warcup, Julie Brown, Karen Moralee and Mika Peace with assistance late in the year from Judy Magarey. Pin Needham and Jenny Pearson helped with puppy training. Thank you for all your patience and perseverance.

We welcome the following new members:

Carly Constable with **Maxi**, Mariana Alemano with **Sarabi**, Grace Mackie with **Finley**, Helen Edwards with **Riva**, and Les Kabbaz with **Kobe**.

We hope you have enjoyed the start of your Agility career and look forward to seeing you in 2021,

Coming Events: Sunday 17th January 2021 Club Working Bee

Time: from 0900 to 1200 hours

Also, this is the time for you to collect any equipment that you have purchased, or may want to purchase

Please check elsewhere in the Newsletter for our **Club Clothing** and how to order online. Some items need a minimum number of orders to get started.

We wish all ADCSA members, their families, and their dogs

a Safe and Happy Christmas and a wonderful New Year

We look forward to working with you all next year.

Pin Needham

Your Committee

Your ADCSA Committee has worked hard in this last quarter of our COVID-challenged year. For example:

- convening our ADCSA Annual General Meeting and welcoming new Committee members Lisa Smith and Judy Magarey;
- planning for relocation in accordance with the resolution passed by our members at the AGM (obtaining storage shed and installation quotes, preparing to lodge a Development Application to Council, and negotiating a licence agreement to hire the Golflands Reserve);
- continuing to rationalise our agility equipment and sell surplus items; and
- managing the ever-changing restrictions imposed as a result of the COVID-19 pandemic.

Thank you for showing your support at the AGM.

Jenny Pearson

Secretary, ADCSA

AGILITY TITLES AWARDED TO ADCSA CLUB MEMBERS OCTOBER 2019 – SEPTEMBER 2020

OCTOBER 2019

Ms Lyn Fuller's Donriver Rocket Science **AD**, JDX

Ms J Pearson's T.CH. Jasmine CCD, RE, TSD, ADX, JDX, SD, GD, **SPDX**, HTM.I, FS. N

NOVEMBER 2019

Mrs J V Shirlock's Sherbrooke Desert Karri ADM 6, **JDM 6**, GD, SDX, SPDX

Ms K J Moralee's CH. Hillani Spaticus Lauds (AI) CD, RA, ADM, **JDM**, SPDX, SDX, GD, ET

MARCH 2020

Ms C & Ms S J Warcup's Albajail Friars Brew **ADM**, JDM, SPDX, GD, HT

AUGUST 2020

Ms K J Moralee's CH. Wattavue Amelia Joy **JD**

SEPTEMBER 2020

Mrs M Stegall's Della **JD**, (Handler Miss T Vuaran)

The ADCSA Committee congratulates everyone involved with the success of the dogs that have achieved their Titles.

In the next issue of One Jump Ahead we will show you the diversity of interest and expertise of our ADCSA members and their dogs.

AD (Agility Dog Novice), SPDX (Strategic Pairs Dog Excellent), JDM (Jumping Dog Masters), ADM (Agility Dog Masters) JD (Jumping Dog Novice)

MEMBERS TRIAL SUCCESS

Congratulations go to the following club members for their qualifications as listed below:

MUNNO PARA SEP 26

Lyn Fuller & Donriver Rocket Science—Excellent Agility 400

Lindsay Newton & Albajail Feel the Rush—Masters Jumping 500

NOARLUNGA OCT 10

Robyn Jackson & Hillani Regal Reko—Masters Agility 400, Masters Jumping 400

Mika Peace & Flatout Breakout—Masters Agility 500, Masters Jumping 500

Ingrid Hanegreefs & Birramal Park Ella— Novice Jumping 500 AM , Novice Jumping 500 PM

Cathy Warcup & Ulara Thomas—Novice Jumping 600

Mel Maiolo & Firefrost Black Pearl—Excellent Jumping 500 (**JDX Jumping Title**)

Tia Vuaran (M Steggall) & Della—Excellent Jumping 500

SOUTHERN DISTRICTS NOV 7

Tia Vuaran (M Steggall) & Della—Novice Agility 500

Michelle Vuaran & Arajoel Breezie Rogue—Novice Jumping 500, Novice Agility 500 and Bidy Memorial Trophy for top Novice Dog.

Mika Peace and Flatout Breakout—Masters Jumping 500 and Masters Agility 500

MUNNO PARA NOV 14

Lindsay Newton & Feel The Rush—Masters Agility 500

Michelle Vuaran & Arajoel Breezie Rogue—Novice Agility 500 and Novice Jumping 500

Tia Vuaran (M Steggall) & Della – Excellent Jumping 500

Mika Peace & Flatout Breakout—Masters Jumping 500



Can I practice on the equipment after my training session has finished?

The answer is no if you are in the intro, beginners and intermediate classes you cannot just have a quick go on the equipment after announcements. You can only train on the agility equipment if you have an instructor with you due to the safety in ensuring you and your dog are using the right signals and training safely. If you attempt to use equipment without proper guidance and something goes wrong your dog may have a bad experience and have issues in the future or indeed at worse be injured. The other issue is that the second session is the trialling class so you may not notice someone who is about to start their run on a sequence. Dogs get excited in training and as they gain experience they focus on the course ahead and travel at speed (so much so even in trials they can and do collide with handlers sometimes) so a beginner handler and dog suddenly appearing in front of an obstacle could result in a collision. This could result in injury to the dogs or a handler depending on the size of the dogs involved so needs to be avoided at all costs.

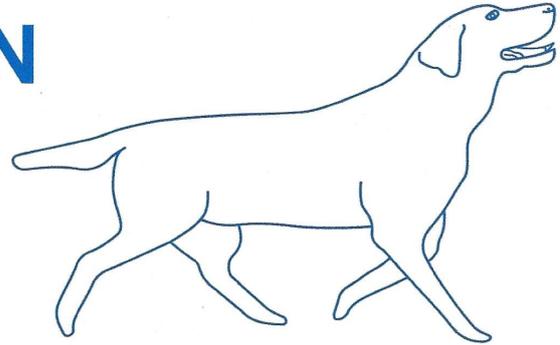
My dog is reactive to other dogs can I train in agility?

This is a tough one as agility is a fun sport and everyone is encouraged to try it out and attend our intro classes BUT remember agility is ultimately an off lead sport so your dog must be safe around other dogs and be trained to be under effective control when going around a sequence/course. As with obedience you can consider a basket muzzle for your dogs in early training if your dog is working on overcoming the issue (and to ensure others feel safe in the class) however be aware if there is any issues later on when off lead you may be asked to leave for the safety of others. Ultimately dogs cannot compete in muzzles so you would need to eventually consider if agility is the sport for you if the issue is ongoing in the long term.

What tips are there for learning different obstacles?

Give everything a name jumps are 'over' but you can give things like the A frame, dog walk and see saw a name so the dog knows a different action is needed and always use hand signals as well as vocal as they follow what your body is doing often more than what you say. To practice different jumps such as a broad jump you can get a wide flat box and use that at home to practice jumping length. Tyres/hoops often have a name rather than over and you can get a blow up hoop from some sites such as catch.com.au as part of their blue and yellow jumps/weavers set or there is a different design from the uk on Amazon. As long as these are used safely they are good to practice with at home. Weavers—look in the sports section of department stores or on kids football sites as they also use stick in the ground poles in those sports so they can be adapted for use at home to practice. Start with 6 poles to weave between and as they master 6 add a few more dogs eventually work out their best way to move between the poles. You can also buy small cones from various places (kids sports places, department stores, bunnings) which can also be used to practice weaving and other commands that you will need such as 'around' or 'back' or figures of 8 to help with core strengthening.

ADELAIDE DOG MOBILITY & REHABILITATION



Sports Injuries can easily occur in Agility training or competition. The early diagnosis, detection and treatment of these injuries is paramount to getting return to function for our canine athletes. This process is a team effort between the vet and the owner with assistance from remedial massage.



Acupuncture & Laser Therapy treat pain and trigger points in muscles and also accelerate healing of injured tissues. Combined with home exercise programs, physical rehabilitation therapy provides the fastest way to recovery.



Other conditions commonly treated include:

- Back pain, spinal injury, spondylosis
- Cruciate Ligament disease,
- Patella luxation
- Hip or Elbow Dysplasia,
- Muscle tears & strains,
- Arthritis & Senior Health Programs
- Post Orthopaedic surgery, Fracture repair
- Body conditioning & General Fitness

For Adult Dogs, Cats & Older pets:

- Health Checks
- Vaccinations
- Heartworm & parasite prevention
- Arthritis treatment & rehabilitation exercises
- Pain Management & Relief



We also do:

- Puppy & Kitten Health Exams,
- Vaccinations, heartworm prevention,
- Routine worm treatment & Diets
- Advice about socialisation and early training
- Myth busting regarding desexing and neutering
- Microchipping

Other Services available including:

- X Rays, Surgery and Dentistry
- Laboratory and Blood testing
- **Home visits can be arranged**
- For an appointment call



Birds, Reptiles and other pocket pets are welcome for routine consultations, vaccinations and problem workups as required.

0437 420 099

Dr D J "Pin" Needham BVSc, DDA, CCRT, CSM

Veterinarian & Rehabilitation Therapist

djneedham@internode.on.net

**Advertise your business
in the club newsletter**

Pricing:

Full Page—\$30

Half Page—\$15

Quarter Page—\$7.50





SUBLIMATED POLO SHIRT
FH-SUB-POLO



CAP
NAVY/RED/GOLD
HW-4167-EMB



BEANIE
NAVY
HW-4243-EMB



JACKET SOFTSHELL MENS
NAVY
RA-J481HZ-EMB



JACKET SOFTSHELL MENS
NAVY
RA-J481LD-EMB

NEW CLUB APPAREL RANGE—How to order

1-Choose the item from the catalogue page

2- Beanies & caps are 'one size fits all'

3-For Soft Shell jackets—measure your '1/2 chest size' (measure carefully no refunds or returns).
These items should be ready and delivered in 3 weeks

4-The Polo shirts and Rugby tops need to have an order minimum of 10 items each to start. Polo tops and Rugby tops will take a minimum of 4 weeks. As above measure your '1/2 chest size' (no refunds or returns)

5-Go to the link <https://agilitydogclubsa.orders.net.au/>

6-Place your order & pay by credit card

7-Your items will be delivered to the Club for you to collect at a training session.

8-Please advise your order details to Pin Needham djneedham@internode.on.net or text to 0437420099



Remedial massage is proven to enhance performance in active sporting dogs to achieve maximum range of motion and better body balance.

Treatments are aimed at releasing tight, sore muscles, helping to rehabilitate injuries by breaking down scar tissue caused by daily and competition-based activities that may be responsible for any discomfort. Regular remedial massage treatment, will assist in maintaining your dogs performance and endurance and promote good health and overall wellbeing.

Book your dog in for a remedial massage, the benefits are definitely worth it!

Benefits of Canine Remedial Massage

- ◆ *Relieves Pain and Tension*
- ◆ *Releases trigger points and areas of spasm- providing relief from muscular issues.*
- ◆ *Treats muscular overcompensation in the case of injuries*
- ◆ *Improves blood flow and circulation, nourishing the cells and removing waste products*
- ◆ *Speeds up natural healing*
- ◆ *Improves flexibility and Range Of Motion*
- ◆ *Beneficial for Senior Dogs – improves mobility and reduces pain, swelling and stiffness*

Assessment and Treatment Prices

Assessments conducted at 305 Fullarton Rd Parkside

- Initial assessment includes gait and body assessment + Remedial Massage approx. 1 h—\$50
- Remedial Massage 30-35 min—\$35

Assessments conducted at clients house

- Initial assessment includes gait and body assessment + Remedial Massage approx. 1 h—\$60
- Remedial Massage 30-35 min—\$45

Fun conditioning, fitness and relationship building classes

Max 5 people/dogs per class—\$20 per class

Time and date to be negotiated with interested participants.

Classes held at 305 Fullarton Rd Parkside

Contact

Michelle Vuaran

Canine Remedial Massage Therapist BAppSc, Cert in Veterinary IV Nursing, Cert in Canine Remedial Massage

Email: michelle.k9dynamics@gmail.com

Mb: 0417 877080

Website: <https://k9dynamics.wixsite.com/dogs>

Visit K9 Dynamics facebook page



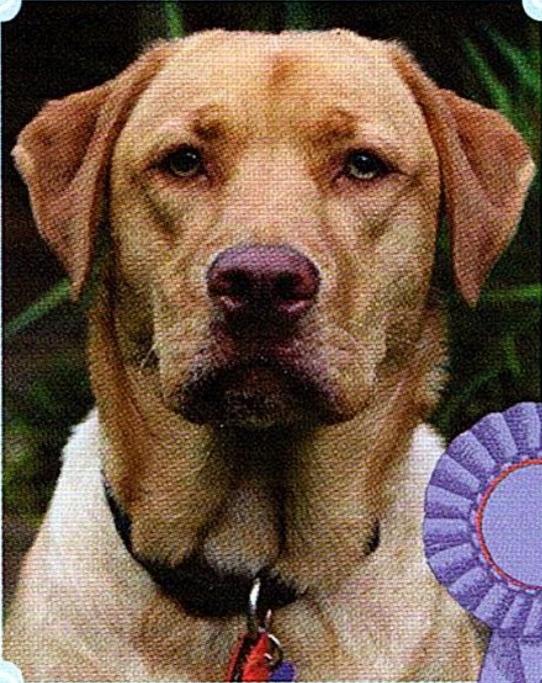
RETURN TO TRAINING

Note in your diary that the Agility Dog Club of SA is scheduled to return to training on 4th February 2021.

If you have paid your membership already (pink cards) you are good to go and just turn up the usual time to start setting up.

If you have not paid the membership form and a photo or scan of your dogs vaccination certificate can be emailed to the club and payment made via direct deposit OR please have documentation and payment ready on our first night of training.





Jenny Barnes Photography
Dog Sport Photography

Jenny Barnes
Photographer
barnesphotography@bigpond.com
0412 208 011
[https://www.facebook.com/
barnesdogphotos/](https://www.facebook.com/barnesdogphotos/)

Official Photographer at Agility Dog Club of SA Trials
www.barnesphotography.net.au

Western Pet Services

www.westernpetservices.com.au

Pet Sitting, Dog walking and Dog Grooming Services in Adelaide's Western Suburbs.

Western Pet Services is a new business offering pet sitting (home visits), dog walking and dog grooming service (including basic clipping) in addition to services offering brief visits to check on puppies and older dogs if required.

Western Pet Services is run by Jenny Barnes who has completed a National Police check and the business is registered and insured. Jenny has also undertaken training in basic pet grooming and is currently completing a Certificate II in Animal Studies.

Keep an eye on our facebook page for any upcoming offers and news.

<https://www.facebook.com/westernpetservicesadelaide/>

50% off your first Waggly Club box

Choose a 6 month plan and get your 1st box half price

**Monthly Boxes delivered
to your door
Tailored to your puppy or
dog's size & chewing needs.**




join the pack



Join Now at: wagglyclub.com.au/agilitydogclubsa
and help support Agility Dog Club SA by using their link

WAGGLY CLUB

Waggly Club is an Australian business specialising in monthly deliveries designed to keep your fur baby happy and healthy. We send out monthly subscription boxes featuring premium and healthy, and always Australian-made, treats from our Waggly Snacks brand, as well as enriching and high-quality toys from trusted suppliers such as KONG and Aussie Dog. Toys are hand-picked based on your dog's needs, and the treats can be tailored to accommodate any dietary requirements.

We started Waggly Club because we believed dogs aren't "just dogs" - they're family members. So as well as a great product, we're completely committed to making your furry family member happy and healthy.

To learn more visit <https://wagglyclub.com.au/agilitydogclubsa>. Using this link you can also receive 50% of your first box and you'll be supporting Agility Dog Club SA via donations we make to them. Or if you have any questions, please feel free to email info@waggly.com.au - we'd love to hear from you.



| 2021 Training Schedule – Subject to change | |
|---|---|
| 6:30 - 7:00pm | Set up Equipment |
| 7:00 - 8:00pm | Introductory, Beginners, Intermediate, |
| 8:00 - 8:15pm | ANNOUNCEMENTS |
| 8:15 - 9:15pm | Trialling 200/300/400/500/600 |
| 9:15 - 9:45pm | Pack up |

Trial Competition Diary

As per DOGS SA Journal listing (subject to change)

20 Feb 2021—ADCSA Mock Trial 6pm

6 March 2021—Agility Dog Club of SA Games Trial 6pm

20 March 2021—Noarlunga City Obedience Dog Club Agility & Jumping Trials 9am & nb 1pm

3-4 April 2021—Blue Lake Obedience Dog Club Agility & Jumping Trials 8.30am and nb 12.30pm

24 April 2021—Munno Para Dog Obedience Club Agility & Jumping Trials 9am and 1pm

1 May 2021— Para Districts Obedience Dog Club Agility & Jumping Trials 9am and 1pm

8 May 2021—Southern Districts Kennel & Obedience Club Agility & Jumping Trials 9 am and 1pm

