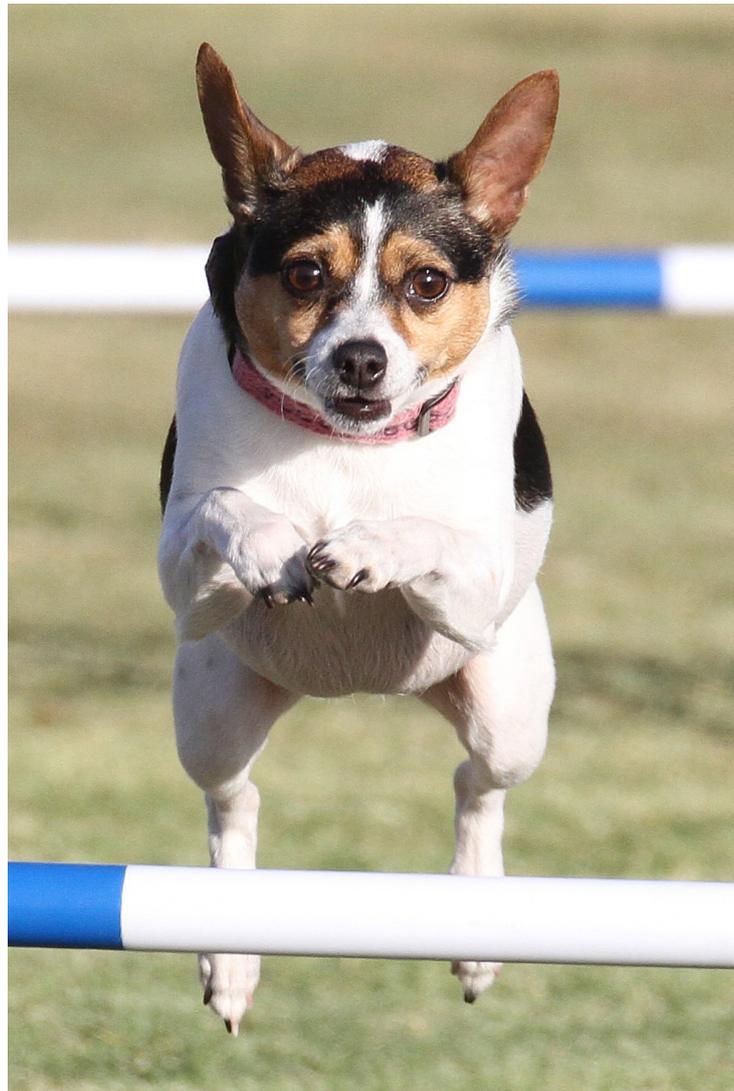

One Jump Ahead

✦ Agility Dog Club of SA

In this issue

- * New sponsors for 2020
- * November Trial photos and report
- * Training tips for puppy socialization



April 2020

From The Editor

Welcome to the first edition for 2020. It was fantastic to see many new members attend the Come n Try classes and such a shame our training was cut to only the first three weeks of the year so far. At this stage it is unknown when we will be able to train again but we know everyone is as keen as we are. Unfortunately, it's a waiting game until we find out from Dogs SA when the restrictions will be lifted. Hopefully, sooner rather than later, SA Health will give the go ahead for all community sports to resume their activities (every sports club in South Australia is in the same situation as their governing bodies wait for news).

Thank you to those who have liked our social media pages and please continue to spread the word and share the pages. The more likes we get the easier it is to market our club to potential sponsors for the next financial year. If any club members have contacts at any businesses, who may be interested in becoming sponsors, please contact the committee. The committee can then follow up with information regarding our new sponsorship packages. Smaller businesses may be willing to donate product for our raffle prizes at trials.

<https://www.instagram.com/agilitydogclubsouthaustralia/>

<https://www.facebook.com/Agility-Dog-Club-of-SA-311217319720180/>

In this edition there is a short write up with some photos of our November Agility and Jumping trial and the videos of individual runs are still available. We thank our continuing sponsors, Just Food for prizes for our next trial, Georgie Paws for items for the next raffle and Laucke Mills for bags of food for future trials.

We must continue to try to get Agility recognized as a sport for the general community not just a 'dog training thing'. ADCSA will continue our displays at community events and work to increase media coverage. Other dog sports focus on the dogs running at speed (eg Flyball, Lure Coursing, even retrieving for Gundogs). Our sport involves owners and handlers needing a fair degree of fitness to keep up with their dogs around the course, working as a team.

As always if you have any suggestions or would like to contribute to the newsletter just let me know.

Jenny Barnes

2019 Committee

President	Pin Needham	0437 420 099	djneedham@internode.on.net	
Vice President	Jenny Pearson	0417 88 3094	jennyp@internode.on.net	Fund Raising
Head Instructor	Ingrid Hanegreefs	0429 674 866	ihanegreefs@bigpond.com	Public Officer
Treasurer	Leslie McDonald	0418 816 811	elemental@internode.on.net	
A/g Secretary	Jenny Pearson	0417 88 3094	jennyp@internode.on.net	
Committee	Cathy Warcup	8538 7217	KateWA440@gmail.com	Equipment/ Membership/Trial Manager
	Jenny Barnes	0412 208 011	barnesphotography@bigpond.com	Promotion/ Media/ Magazine Editor
Sub Committee	Jo Shirlock	0413 878 222	koojar1@bigpond.com	Trial Secretary
	Leslie McDonald	0418 816 811	elemental@internode.on.net	Catering
	Julie Brown			Records Officer
	Michelle Vuaran	0417 877 080		Historian

Membership Fees

Joining Fee	\$15
Single membership	\$65 (half price \$32.50)
Family	\$95 (half price \$47.50)
Junior (under 17)	\$35 (half price \$17.50)
Social	\$35 (half price \$17.50)
Committee & Instructors	\$35 (half price \$17.50)

Annual memberships are due by 31st March

Memberships are half price for new members from 1st July

Club Account Bank Details

BSB :	805-050
A/c No :	61297807
Name :	Agility Dog Club of SA Inc
Ref :	Your Name

Instructors

Head Instructor

Ingrid Hanegreefs

Assistant Head instructor

Michelle Vuaran

Instructors

Mika Peace

Karen Moralee

Julie Brown

Cathy Warcup

Weather

If the temperature is more than 34 degrees at 6pm training will be cancelled

TRIPAWDS TUGS.

We'll try to make any tug (within reason) for you.

See Cathy Warcup.



President's Message

We are all in the grip of the COVID-19 epidemic restrictions. You will all be aware that the most important things we can do is to wash our hands and maintain social distancing,

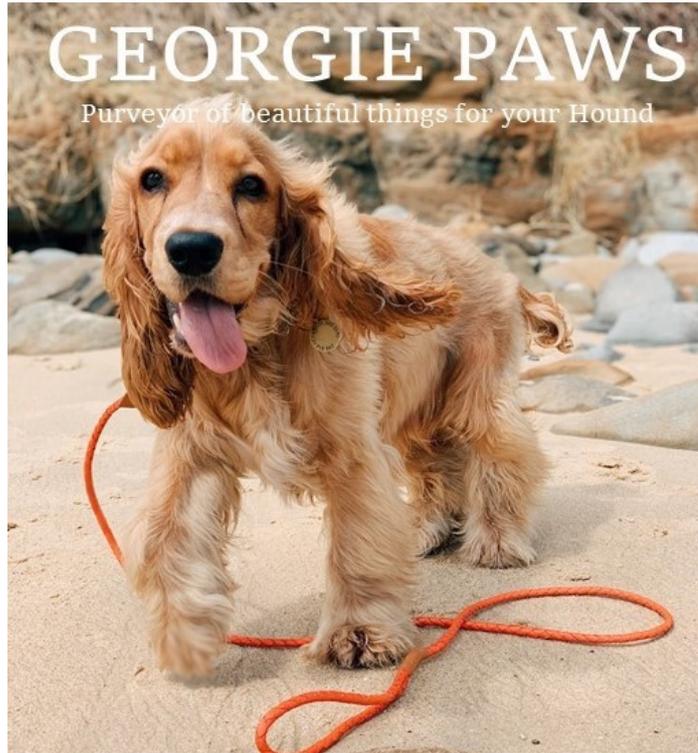
This does not apply to your dog. On the contrary it gives us the opportunity to focus more on our basics and foundation training at home. The Club is planning to have Training Tips in each issue of **One Jump Ahead**. We are trying to increase the frequency of our communications to members so you and your dog can improve your handling skills.

We are hoping that our Instructors will be able to provide Training tips on a regular basis. If you have any ideas or tips to share please contact our Editor Jenny Barnes at barnesphotography@bigpond.com. If any members have videos that you would like to share contact Jenny B regarding posting them on our Club Facebook page.

Keep training at home & Stay Safe

Pin Needham

President ADCSA



Dib's Premium Dog Bits with Fish Oil & Turmeric provide a complete and balanced diet for your dog.

Fish oil is a rich source of omega 3 fatty acids, EPA and DHA and turmeric is a source of curcuminoids.

The quality recipe and exacting nutritional specifications of **Dib's** ensures your dog receives essential nutrients that are required to maintain health and vitality.

The dense nature of **Dib's Premium Dog Bits** aids in oral hygiene, as the gentle, abrasive texture of **Dib's** massages and cleans teeth and gums.

This assists in the removal of plaque, which is a precursor to gingivitis and periodontal disease.



Balanced Nutrition

Balanced for essential nutrients such as protein, fat, fibre, vitamins and minerals. No further supplementation is required.



Fish Oil

Fish oil is an excellent source of omega 3 fatty acids, EPA and DHA.



Turmeric

Turmeric as a source of curcuminoids.



Oral Care

The gentle, abrasive texture of **Dib's** aids in the maintenance of healthy teeth and gums.



Puppy Socialization in the Age of Coronavirus

For decades, we've been told that to raise stable puppies we need to socialize them with many people of different genders, sizes, ages, races, etc. And, we were told that socialization had to be done before 16 weeks of age. That's the **only** way to ensure pups would be friendly and confident as adults.

But the world has changed due to the coronavirus and with it our rules for engaging with other people. Although dogs don't get ill from this version of the virus, there is concern that they can carry it on their coats, thus transferring it between people. Many puppy kindergarten classes are canceled and dog-training facilities are closed. If we meet people in our neighborhood or on the street, we are supposed to stay at least six feet away from them and not let our puppy interact with them. What is a puppy breeder and owner to do?

Meeting and interacting with an array of people is important to the social development of young puppies. From ages 3 weeks up to 16 weeks, pups are particularly sensitive to social engagement with other dogs, people, even other pets and livestock. In ideal circumstances, we would ensure they met 50 or even 100 people during these early months.

However, these aren't ideal times for anyone. So, let's talk about some things **we can do to raise stable, friendly pups during the Age of Coronavirus**

Focus on building your pup's trust in you and your family. The most important lesson for pups to learn in these early months is to trust people, especially their people. During this time, focus on building that trust through teaching communication, cues, house manners, tricks, and [fitness exercises](#). Practice these things in each room in your house and every part of your yard. Your pup's trust in you, above all else, will enable you to pick up his socialization again once this is over

Go all chameleon. If your pup can't meet folks who look different, then change the way you look! Use [masks](#), [wigs](#), hats, umbrellas, cloaks, and [more](#). Have your family play along! Pop up looking like Halloween throughout your house and property, not in a scary way but in a surprising way. Try manipulating your smell, too. You can't actually change your odor, which is very important to dogs, but you can spritz yourself with some light scent to add to the way you smell.

Puppy Socialisation continued

Set up challenging, stimulating experiences at home. Puppy brains and bodies need to be challenged during these months, so think of ways to do this at home. Create obstacle courses in your house or yard. Play scent games, hiding treats for your pup to sniff out around the house and yard. (Just remember not to violate house rules during this game, so no treats on counters.) Let your pup solve all kinds of problems (e.g., how to find you in the house and to solve [dog puzzles](#).)

Do Adventure Walks! We may not be able to gather in groups but we can head out into the great outdoors. Make an effort to get your pup to woods, meadows, fields, beaches, and even parks. Adventure Walks enable pups to learn responsibility and problem-solving as well as develop their brain-body connection. And best of all, Adventure Walks tire pups out! We are recording an Adventure Walk webinar this week, so we'll send out a note when it's done.

Introduce your puppy to as many safe people as possible. Most likely there will still be some safe people in your life. They might be family members, neighbors, or tenants who are staying put at home. Let your pup interact with as many people as you safely can

Let pups see people, places, and things! Even if you can't introduce your pup directly to new people, your pup can still be introduced to the world. These indirect interactions, where pups see and hear but don't touch are very important for teaching puppies proper manners. Think through what you want your pup to do when it can see another person or dog but can't approach. Then teach that behavior to your puppy. Take short trips to let your pup see and hear whatever is happening. No doubt, life is going to be quieter for a while so this may take some effort. Look for garbage trucks, traffic, fire departments, and anything else noisy and hang out with your pup.

Get your pup off your property. Pups become location sensitive towards the end of this period, attaching them strongly to their homes and yards. Since we want our pups to be comfortable in many places, we need to get them away from the house. Drive your pup to different places in your area where people aren't congregating. Playgrounds, parks, outdoor shopping malls, and store parking lots. Take your pup for a ride in a wiped-down shopping cart. Let her jump up on park benches. Investigate the playground equipment. Check out [dog parkour](#) may give you more ideas but be sure to keep all activities age appropriate so no jumping off of high places.

Emphasize handling, grooming, and examinations at home. Most likely your pup will be doing fewer visits to the vet and groomer during the pandemic, so you have to take responsibility for teaching your pup to tolerate handling, touching, and manipulation. We have a blog to help with this. Check it out [here](#).



VET SERVICES

Dr D J "Pin" Needham BVSc, DDA, CCRT, CSM

Certified in Canine Rehabilitation & Canine Sports Medicine

Is now available for the following services:

Vaccinations, Worming, Heartworm prevention

Health Checks, Consultations

Lameness examinations,

Post Operative Rehabilitation & Exercise Programs

Laser Therapy & Acupuncture

Supplements and medications are available



Puppy & kitten exams, including post purchase checks vaccinations, worming and heartworm prevention programs. Nutrition, diet changes and Microchipping. Advice about socialisation, training and exercise

Adult dogs and cats health checks, vaccinations, worming and heartworm prevention. Exercise programs

Geriatric health checks, vaccinations, worming and heartworm prevention, arthritis management including exercises, laser and acupuncture treatments and pain relief as required.



Birds, reptiles and other pocket pets are welcome for routine consultations, vaccinations and problem work ups as required.



Other services such as:
X-rays, surgery and dentistry can be arranged

Home visits are available

Appointments can be made by:
Email: djneedham@internode.on.net or
Phone:

0437 420 099

ADELAIDE DOG MOBILITY & REHABILITATION

November Agility Trial

At the final Agility & Jumping competition for the year held at the Agility Dog Club of SA with many different breeds of dogs on display and plenty of onlookers calling in to watch on what was the perfect evening for dog sports.

The agility courses set by Jane Caulton proved a test for many of the 94 competitors.

In the Masters level classes Linda Hedges' Cleo won the 300 height class going clear while Lindsay Newton's Albajail Feel The Rush was also the only entrant to go clear in the 500 height class with Mika Peace's Flatout Breakout second and Jo Shirlock's Sherbrooke Desert Karri third after both knocked a single rail. Mika Peace's Dykinta Red Alert took out the 600 height class.

The Open Agility Class went to Rosalind King's Harry (Shetland Sheepdog) from Janine Feil's Jadziah Real Wild Child (Australian Shepherd) and Tina Comely's Theglebe Lady Henrietta (Miniature Schnauzer) with placings determined in the fastest time with all three going clear.

Megan Collin's Triagen Ruby Blue Shoes (Tenterfield Terrier) won the 300 height class in the Excellent Agility while in the Novice agility Jessica Nicholls' Willow was successful in the 300 Height class.

In the 400 Novice height class Debra Karutz's Archer went clear to win from Tracey Rathjen's Boots and Nerissa Haby's Igmajik Assahtah (Italian Greyhound) who both had one rail down. In the 500 height class Kerry Thomas' Shimmy was successful with a clear round from Jessica Hyson's Lottie and Wendy Adam's Shartooz Lightening Bolt. Vicki Wilczek's Dizzyki LB Lennons Clementine (Curly Coated Retriever) took out the 600 Novice height class.

Vanessa Loughlin judged the Jumping classes and set challenging running courses which left some handlers puffing at the end. There was a massive 122 entries for jumping classes at the evening event.

In the Novice classes the 600 height class went to the only clear round which was run by Bevan Hill's Duke with Vikci Wilczek's Dizzyki LB Lennons Clementine second and Lyn Carroll's Stryker third. While the 500 height class was taken out by Chloe Threadgold's Darcy (Koolie) from Jemima Green's Zak and Kelly Schultz's Waveney Kozmic Comet third with all three placings decided on time as all went clear. The 400 height class was awarded to Tracey Rathjen's Boots (Heeler) while Unetta Shugg's Carnwath Retro By Design (Havenese) took out the 300 height class.

In the Excellent classes P Reimann's Bournbeau Myjasperson Angus (Golden Retriever) was successful going clear in the 600 height class while Wendy Adam's Shartooz Lightening Bolt (Australian Shepherd) won the 500 height class. In the 400 height class Melissa Simmons' Yori (Border Collie X) finished the course in the fastest time to win from Alison Pulbrook's Tayona My Miss Molly (Australian Shepherd) and Candice Garrett's Laugharne Aint She Sweet (Welsh Springer Spaniel) as all recorded clear rounds. Megan Collin's Triagen Ruby Blue Shoes (Tenterfield Terrier) won the 300 height class in the Excellent Jumping going clear on jumps and time.

The Open Jumping class saw Danielle McCulloch's Mystique fly around the course to win from Tina Comely's Theglebe Lady Henrietta and Kerry Thomas' Shimmy with 5 entrants going clear. The clear rounds continued in the Masters Jumping where 8 clear rounds in the 500 height class made for tough competition but it was Carly Butle's Tash that sped around the fastest to win from Cathy Warcup's Albajail Friar's Brew and Jan Mudge's Shartooz Myths and Legends. In the 400 height class victory went to Sophie Wright and Maggie from Lyn Fuller and Donriver Rocket Science with both going clear and only a 2 second difference in times. The result in the 300 height class was even closer where Chloe Bartlett and Kirbuff Ruby Tuesday (Pug) was just 0.63 faster than Linda Hedges' Cleo with both going clear.





Remedial massage is proven to enhance performance in active sporting dogs to achieve maximum range of motion and better body balance.

Treatments are aimed at releasing tight, sore muscles, helping to rehabilitate injuries by breaking down scar tissue caused by daily and competition-based activities that may be responsible for any discomfort. Regular remedial massage treatment, will assist in maintaining your dogs performance and endurance and promote good health and overall wellbeing.

Book your dog in for a remedial massage, the benefits are definitely worth it!

Benefits of Canine Remedial Massage

- ◆ *Relieves Pain and Tension*
- ◆ *Releases trigger points and areas of spasm- providing relief from muscular issues.*
- ◆ *Treats muscular overcompensation in the case of injuries*
- ◆ *Improves blood flow and circulation, nourishing the cells and removing waste products*
- ◆ *Speeds up natural healing*
- ◆ *Improves flexibility and Range Of Motion*
- ◆ *Beneficial for Senior Dogs – improves mobility and reduces pain, swelling and stiffness*

Assessment and Treatment Prices

Assessments conducted at 305 Fullarton Rd Parkside

- Initial assessment includes gait and body assessment + Remedial Massage approx. 1 h—\$50
- Remedial Massage 30-35 min—\$35

Assessments conducted at clients house

- Initial assessment includes gait and body assessment + Remedial Massage approx. 1 h—\$60
- Remedial Massage 30-35 min—\$45

Fun conditioning, fitness and relationship building classes

Max 5 people/dogs per class—\$20 per class

Time and date to be negotiated with interested participants.

Classes held at 305 Fullarton Rd Parkside

Contact

Michelle Vuaran

Canine Remedial Massage Therapist BAppSc, Cert in Veterinary IV Nursing, Cert in Canine Remedial Massage

Email: michelle.k9dynamics@gmail.com

Mb: 0417 877080

Website: <https://k9dynamics.wixsite.com/dogs>

Visit K9 Dynamics facebook page



WELCOME TO JUST DOG FOOD!

We specialise in dog's nutrition, happiness & health through the best dog food brands available in Australia.

We want dogs everywhere, to live a long and fulfilling life, full of the 'Character & Personality' we all love them for.

We know and understand the importance, as you do, of great nutrition for your dog and the benefits it brings to maintaining their health and ultimately their ability to live a long and happy life!

At Just Dog Food, we've done the research for you, so you can trust that we only supply "Premium" and "Super Premium" dog food, dog treats and your dog health care solutions – delivered right to your door!

We are Australian Owned and **based in Adelaide (North Brighton)** and are an authorised reseller for the brands we deliver.

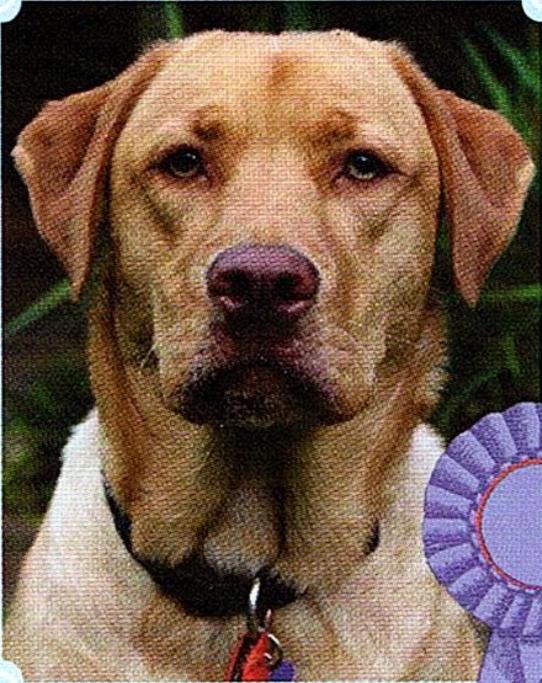
Thank you for supporting small, local business!!



W: justdogfood.com.au

E: info@justdogfood.com.au

Gaby: 0448 197 456



Jenny Barnes Photography
Dog Sport Photography

Jenny Barnes
Photographer
barnesphotography@bigpond.com
0412 208 011
[https://www.facebook.com/
barnesdogphotos/](https://www.facebook.com/barnesdogphotos/)

Official Photographer at Agility Dog Club of SA Trials
www.barnesphotography.net.au

Western Pet Services

www.westernpetservices.com.au

Pet Sitting, Dog walking and Basic Dog Grooming Services in Adelaide's Western Suburbs.

Western Pet Services is a new business that started in September offering pet sitting (home visits), dog walking and basic dog grooming service in addition to brief visits to check on puppies and older dogs if required.

Western Pet Services is run by Jenny Barnes who has completed a National Police check and the business is registered and insured. Jenny has also undertaken training in basic pet grooming and is currently completing a Certificate II in Animal Studies.

Keep an eye on our facebook page for any upcoming offers and news.

<https://www.facebook.com/westernpetservicesadelaide/>

50% off your first Waggly Club box

Choose a 6 month plan and get your 1st box half price

**Monthly Boxes delivered
to your door**
**Tailored to your puppy or
dog's size & chewing needs.**



 **waggly club**
join the pack



Join Now at: wagglyclub.com.au/agilitydogclubsa
and help support Agility Dog Club SA by using their link

WAGGLY CLUB

Waggly Club is an Australian business specialising in monthly deliveries designed to keep your fur baby happy and healthy. We send out monthly subscription boxes featuring premium and healthy, and always Australian-made, treats from our Waggy Snacks brand, as well as enriching and high-quality toys from trusted suppliers such as KONG and Aussie Dog. Toys are hand-picked based on your dog's needs, and the treats can be tailored to accommodate any dietary requirements.

We started Waggly Club because we believed dogs aren't "just dogs" - they're family members. So as well as a great product, we're completely committed to making your furry family member happy and healthy.

To learn more visit <https://wagglyclub.com.au/agilitydogclubsa>. Using this link you can also receive 50% of your first box and you'll be supporting Agility Dog Club SA via donations we make to them. Or if you have any questions, please feel free to email info@waggly.com.au - we'd love to hear from you.



2020 Training Schedule – Subject to change Keep an eye on Facebook	
6:30 - 7:00pm	Set up Equipment
7:00 - 8:00pm	Introductory, Beginners, Intermediate, Novice
8:00 - 8:15pm	ANNOUNCEMENTS
8:15 - 9:15pm	Trialling 200/300/400/500/600
9:15 - 9:45pm	Pack up

Play By The Rules

Play by the Rules is a collaboration between Sport Australia, the Australian Human Rights Commission, all state and territory departments of sport and recreation, and all state and territory anti-discrimination and human rights agencies.

Play by the Rules provides information, resources, tools and free online training to assist sport and recreation club personnel and participants to prevent and deal with discrimination, harassment, child safety, inclusion and integrity issues in sport.

ADCSA encourages our Committee and Instructors to access this information and training. Our members are welcome to use these free resources too. Visit the *Play by the Rules* website for more information: www.playbytherules.net.au